

**Coordinating Stories  
in  
Therapeutic Conversations**

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**DO PEOPLE WANT HELP WITH**

**Creating new stories and practices**

**- about death**

**- for grieving and mourning**

**Coordinating stories and practices  
to fit with their different contexts?**

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**COORDINATING STORIES MAP**

**Generating a repertoire of stories**

**Creating a non-evaluative atmosphere**

**Co-creating preferred stories**

**Exploring fit of stories**

**Performing stories**

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**GENERATING A REPERTOIRE OF STORIES**

Explore people's stories lived and told  
Ask all people involved  
Enquire about the stories of significant people not present

*How do you explain death to yourself?  
What ideas are you most comfortable with?  
What do you believe happens  
... when people die?  
... after people die?  
What are the views of your family, friends, community?*

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**GENERATING A REPERTOIRE OF PRACTICES**

Explore people's stories lived and told  
Ask all people involved  
Enquire about the stories of significant people not present

*How do you prefer to be when someone dies?  
What do you prefer to do?  
What ideas do you have about what you / others should  
(can / must not) do when someone dies?  
What ideas do you have about what you / others should  
(can / must not) do when others are grieving or bereaved?  
What are the views of your family, friends, community?*

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**CREATING A NON-EVALUATIVE ATMOSPHERE**

Avoid dichotomies of agree – disagree  
Invite different perspectives eg religion, gender,  
culture  
Invite people to do some research  
Offer a selection of alternative stories and theories

*Where do those ideas come from?  
What ideas do you draw from your cultures, gender, religion,  
profession, training?*

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**CO- CREATING PREFERRED STORIES**

**Invite each person to**

- Identify preferred ideas
- Evaluate different stories
- Connect with each other's stories

*Which (ideas) do you like?  
Does that fit for you?  
Which bits of that (story) are most important for you?  
Which do you want to keep / get rid of?  
Do you have other ideas you would like to add?*

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**EXPLORING FIT OF STORIES**

- How stories are similar and different
- How stories might fit together
- How the evolving story relates to their other stories
- Implications and effects of stories for relationships

*Which ideas do your parents / brother prefer?  
How does that fit with your faith?  
Which bits of that (story) are most important for you?  
How is his idea similar or different from your idea?  
What does Daniel's idea have in common with Benjamin's ?*

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